



Coach Dorinel Munteanu and Captain George Cârjan of Otelul Soccer Club will be joining us today to discuss Motivation. Here are some ideas for questions to ask them. Feel free to take notes – their answers may help you with your work!

How would you explain the word 'motivation'?

What motivated you to do what you do?

What are your biggest motivators and why are they so important?

Has your motivation ever been low and, if so, how did it affect your life?

Can you tell more us about a time in your life when your motivation changed? How did it affect everything else around you?

What are your emotions when your motivation is high?

What are your emotions when your motivation is low?

Can you share some of the things you do to increase your motivation?

Who is your role-model and why?